

# ПРЕДМЕТ «АНГЛИЙСКИЙ ЯЗЫК»

7 класс


Тема урока: “Medical advice”

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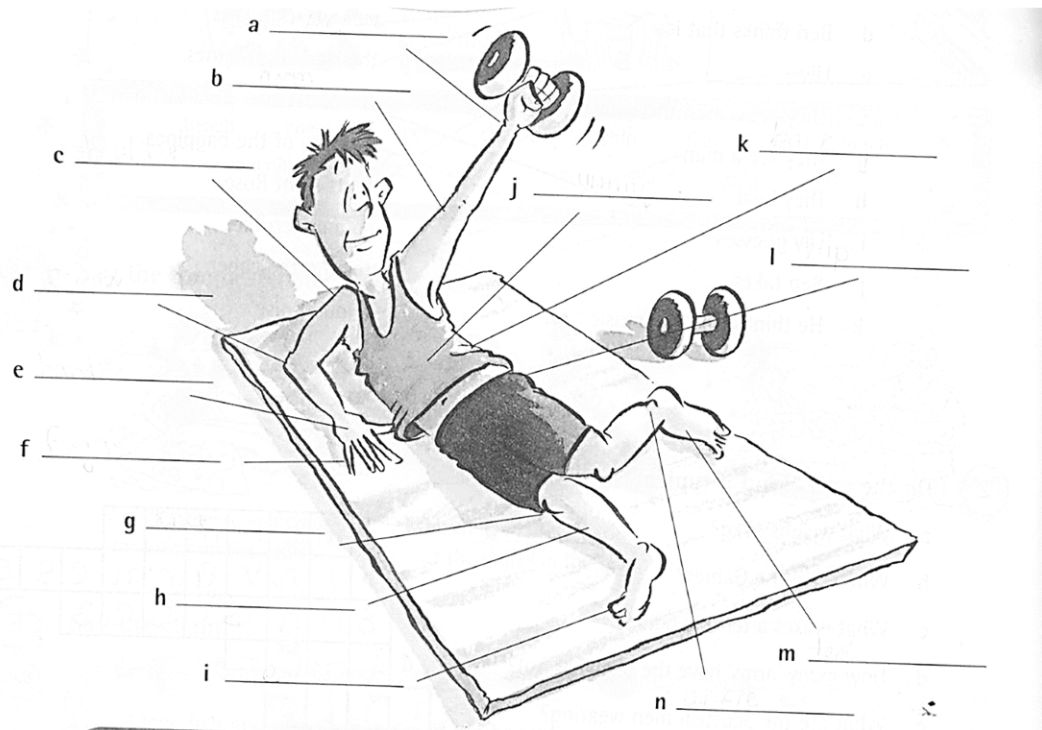
A blue silhouette of a city skyline, likely Saint-Petersburg, is visible at the bottom of the slide, featuring several prominent spires and domes.

## Do you know the proverbs about health? Let's translate these proverbs.

- An apple a day keeps the doctor away.  
*(Яблоко в день держит докторов на расстоянии)*
  - Early to bed and early to rise makes a man healthy, wealthy and wise  
*(Ешь досыта, пей умеренно, спи крепко – вот три слагаемых доброго здоровья)*
  - The first wealth is health  
*(Здоровье-дороже богатства)*
  - Time is the great healer  
*(Время-лучший лекарь)*
- 

[ʌ]	[θ]	[tʃʌʒ]	[e]
Lung	Health	Chest	Health
Pulse	Healthy	Touch	Wealth
Touch	Wealth	Temperature	Medicine
Blood	Wealthy	Pressure	Regular
Thumb	Thumb	Motion	Set
Stomach	Breath	Restriction	Remedy
Upset	Sooth	Vision	Vessel
		Optician	Sickness

## Let's revise the parts of the body



- a) Wrist
- b) Arm
- c) Shoulder
- d) Elbow
- e) Hand
- f) Finger
- g) Knee
- h) Leg
- i) Toe
- j) Stomach
- k) Waist
- l) Back
- m) Foot
- n) Ankle

# Let's learn new words about health

## Health problems

- Shoulder strain
- Hearing loss
- Thumb arthritis
- Eye strain\blurred vision
- Sore throat
- Indigestion\upset stomach
- Travel sickness
- Hay fever
- Insomnia

## What to do (verbs)

- Neutralize stomach acid
- To cure
- Take some cough syrup
- Take some painkillers\medicine
- Use some eye\ear\nose drops
- Go to hospital for an X-ray
- Sooth skin
- Destroy bacteria
- Put antibiotic cream on
- Recover

# Matching



1

Indigestion\upset stomach



2

Shoulder strain



3

Eye strain\blurred vision



4

Hay fever



5

Thumb arthritis



6

Insomnia



7

Hearing loss



8

Sore throat



9

Travel sickness

## Match English and Russian variants

- 
- |                                  |  |                             |
|----------------------------------|--|-----------------------------|
| 1. Cure                          |  | Ехать в больницу на рентген |
| 2. Recover                       |  | Принимать болеутоляющие     |
| 3. Put cream on                  |  | Выздоровливать              |
| 4. Take cough syrup              |  | Использовать капли          |
| 5. Use some drops                |  | Нейтрализовать кислоту      |
| 6. Neutralize acid               |  | Уничтожить бактерии         |
| 7. Sooth skin                    |  | Увлажнять кожу              |
| 8. Destroy bacteria              |  | Лечить                      |
| 9. Take some painkillers         |  | Наносить крем               |
| 10. Got to hospital for an X-ray |  | Принимать сироп от кашля    |

## What can happen to you?

If you eat too many sweets you can have a toothache or even bad breath.



If you walk in cold weather you can have a cold, a sore throat and a bad cough.





# What can happen to you?

If you look at the screen too much you can have eye strain, headache or even insomnia.



You can have an earache or even hearing loss if you listen to loud music.



# What can happen to you?

If you eat something bad, you can have upset stomach ( or indigestion).



If you send too many text messages it can cause thumb arthritis.



## What can happen to you?

If you play your game console too much, repeated arm motions can cause shoulder strain.



If you don't clean your mobile phone, it can cause skin infections and rashes.



# If you have any of these health problems, your mother calls the doctor



He comes and examines you: feels your pulse, takes your temperature, takes your blood pressure .

Then he gives you some rules you must follow to recover fast and some medical advice to prevent these health problems in future.

# What you **must** do to recover fast. Follow these strict rules!

- If you have shoulder strain you **must** take a painkiller and stay calm.
- If you have an earache or even hearing loss you **must** use some ear drops.
- If you have a skin rash you **must** put antibiotic cream on.
- If you have thumb arthritis you **must** go to hospital for an X-ray.
- If you have blurred vision or eye strain you **must** use eye drops.
- If you have a sore throat you **must** take some cough syrup.

# What you **should** do to prevent these health problems. Follow our advice!

- Not to have shoulder strain you **should** limit your time playing your game console.
- Not to have an earache you **should** set the volume on your MP3 player at a low level.
- Not to have a skin rash you **should** clean your phone before you use it.
- Not to have thumb arthritis you **should** send fewer messages.
- Not to have blurred vision or eye strain you **should** have the frequent breaks before the screen.
- Not to have a sore throat you **should** keep your foot warm.

# Choose the correct words

1. A: You **don't have to / shouldn't** spend so many hours in front of the computer. It's bad for you.  
B: I know, but I **have to / should** finish this report. My boss wants it by 9 am tomorrow.
2. A: He's suffering from shoulder strain again.  
B: He really **may / must** see a doctor.
3. A: Ben **has to / should** share his laptop with his brother.  
B: Oh, poor him!
4. You **should\ can** wear sun screen and a hat when you go to the beach.
5. Your monitor is rather small. You **should\have to** buy another one
6. I **must\can** go to the doctor. I have a skin infection
7. The milk is rather hot but I think you **can\must** drink it.
8. The elderly **shouldn't\can't** spend much time in the sun.
9. I **must\can** work harder to get the better results
10. Sorry, but you **mustn't\don't have** to eat here.
11. You **should\must** take an umbrella in case of rain.
12. There's no time left. We **can\should** hurry up.
13. You **should\must** take the bus to get to the museum, it's too far to have a walk.
14. My friends **don't have to\should't** play the guitar too loud. It can lead to hearing loss.
15. You **shouldn't\can't** send too much messages in order not to have thumb arthritis.

# Choose the correct words

1. A: **shouldn't** .

B: **have to**

2. A: He's suffering from shoulder strain again.

B: **must** .

3. A: **has to** .

B: Oh, poor him!

4. **should**.

5. **should**

6. **must**

7. **can**.

8. **shouldn't**.

9. **must**

10. **mustn't**.

11. **should**.

12. **should** .

13. **should**.

14. **shouldn't** .

15. **shouldn't**.

A blue silhouette of a city skyline is visible at the bottom of the slide, featuring several spires and domes against a white background.



# Say what problems they have and give them some pieces of advice



Ann



Ben



Lucy



Jane



Tom



Dan



Sam

